



SUMMER VOLUNTEERS 2010

The Adaptive Sports Foundation teaches summer activities to cognitively and physically impaired individuals over five years old. ASF is the largest adaptive sports program in the east. To keep the cost to our students to a minimum we rely on volunteers to help teach various summer activities.

The qualities that we look for in our summer activity volunteers are: a love of the outdoors, enjoyment of working with people, a desire to help disabled children and adults appreciate physical activity in the mountain environment, adequate capabilities in the sport(s) we are teaching.

There is no requirement for the number of days that you must volunteer. If you can help us for two days or twenty, we would love to have your help!

On week days in July and August we will be teaching water sports (primarily canoeing and kayaking, and occasionally windsurfing or fishing) and cycling. Please see the reverse side of the form (or page 2) for the specific dates that we are offering activities.



Our events are scheduled to take place at various venues in the Catskills, some close to Windham, others are not more than an hour away from Windham.

If you are interested in helping us out, please fill out the attached form with your skills and availability. We are holding a watersports training session on June 19 & 20. If you are going to be involved in our watersports, you must attend at least one day of this training.



QUESTIONS?

Call Pam Greene: 518-734-5070 x 4

Or email: pgreene@mhccable.com



Return this to Pam Greene: EMAIL: pgreene@mhcable.com
 FAX: 518-734-6740
 MAIL: PO Box 266, Windham, NY 12496

QUESTIONS: Call 518-734-5070 x 4

SUMMER VOLUNTEER APPLICATION 2010

NAME _____ Email: _____

ADDRESS: _____ Phone: _____ (w)
 _____ (h)
 _____ (c)

Are You Over 16? YES _____ NO _____ I AM A STRONG SWIMMER: YES _____ NO _____
 (You must be 16 to work with our students)

CIRCLE ALL THAT APPLY:

I AM INTERESTED IN TEACHING: CANOEING KAYAKING CYCLING

I AM A CAPABLE: CANOER KAYAKER WINDSURFER WATERSKIER

I RIDE A BIKE

I OWN: CANOE KAYAK WINDSURFER MT. BIKE ROAD BIKE

Please tell us about any other summer activities that you enjoy:

Do you have any teaching experience?

AVAILABILITY

Please circle dates that you are available– we will contact you to confirm dates that we need you one to two weeks ahead of time. We do not know what activities the groups will be doing until they book their dates.

We are offering a training session June 19 & 20. If you are going to be involved in any of the watersports, you will need to attend a minimum of one day of training. If you would like to get certified in small craft water safety, you must attend both days– there is a nominal cost to cover the Red Cross certification.

I WILL ATTEND SMALL CRAFT SAFETY TRAINING ON JUNE 19 & 20: YES _____ NO _____

PLEASE CIRCLE ALL DATES THAT YOU ARE AVAILABLE

JULY

S	M	T	W	Th	F	S
		6	7	8		
			14	15		
	19	20	21	22		
					30	31

AUGUST / SEPT

S	M	T	W	Th	F	S
1		3	4	5		
	9					
	16	17	18	19		
	23	24	25	26		
	30	31	1	2		

NOTE: July 30-Aug 1 is our Support Our Troops event at Burden Lake NY. There will be paddling but no cycling there. If you are interested in this event, you must be available all three days.

NOTE: Aug 9, 16, 23 & 30 (Mondays) are all kayaking sessions from 4:30-7:00 pm