



Eric D. Dettenrider Race Camp Diana Golden / Mills Cup Level I Race

January 23-26, 2019

Windham Mountain Resort

EDD Race Camp \$35

January 23-25, 2019

Race \$45

January 26, 2019

Camp includes:

- tactics
- video analysis
- technique
- conditioning

Race Includes:

- lift ticket
- lunch

Race Registration

www.adaptivesportsfoundation.org/race-camp

www.adaptivesportsfoundation.org

Questions?? Contact Pam Greene at pam@adaptivesportsfoundation.org / 518-734-5070



EDD
Memorial Foundation

www.eddfund.org

Join us for the Eric D. Dettenrieder Race Camp and the Diana Golden / Mills Cup Level I Race

January 23-26, 2019
Windham Mountain Resort, New York

The Adaptive Sports Foundation race coaches will lead the Eric D. Dettenrieder Race Camp January 23-25, 2019. The Eric D. Dettenrieder Race Camp offers both new and experienced racers excellent coaching on technique and tactics. Any person with a physical or cognitive disability may participate. The Eric D. Dettenrieder Race Camp will be followed by a Diana Golden Level 1 race on Saturday, January 26, 2019. The Diana Golden Cup Series memorializes US and World Champion skier Diana Golden and is intended to promote the sport of ski racing to athletes with disabilities on the East Coast.

The Eric D. Dettenrieder Race Camp includes coaching on ski and snowboard technique through fundamental drills, tactics of racing in a course, and video analysis of the training sessions. After each day of training on snow, there are indoor sessions on tactics and line, and conditioning. The training takes place mostly on intermediate and easier expert terrain, so participants must feel comfortable on that terrain.

Saturday's race is open to skiers and snowboarders and takes place on Lower Wheelchair, home of the Windham NASTAR course. To make the race competitive between people with varying disabilities, times are factored or multiplied by a number based on your disability classification. Racers with cognitive disabilities are invited to participate in the Mills Cup division of the race. Gold, silver and bronze medals are awarded in all categories.





Eric D. Dettenrieder Race Camp:
 1/23- 25/2019
 Diana Golden/Mills Cup
 Level 1 GS Race:
 1/26/2019



LAST NAME	FIRST NAME	MIDDLE INITIAL
STREET	CITY	STATE
ZIP	PHONE	E-MAIL ADDRESS
DATE OF BIRTH	MALE	FEMALE
TEAM	T-Shirt Size	
EMERGENCY CONTACT NAME		PHONE

Do you have any food allergies? Yes No. If yes, to what? _____

Disability _____			
Age Category (circle one)	Junior (under 16)	Open (16 and up)	
Snow Sports Category (circle one)	Skiing	Snowboarding	
Physically Disabled Division (circle one)	Visually Impaired	Standing	Sitting
For classification descriptions, go to: http://www.paralympic.org/AlpineSkiing/RulesandRegulations/Classification			
Skier Disability Classification: (circle one)			
B1	B2	B3	LW1
LW5/7-1	LW5/7-2	LW5/7-3	LW6/8-1
LW10-1	LW10-2	LW11	LW12-1
LW6/8-2	LW9-1	LW9-2	LW12-2
LWO (cognitive disability)			
Snowboarder Disability Classification: (circle one)			
SBLL (leg impairments) SB UL (upper limb impairments) LWO (cognitive disability)			

- Check the appropriate box(es): **APPLICATION MUST BE RECEIVED BEFORE JANUARY 16, 2019**
- Eric D. Dettenrieder Race Camp: Wed. - Fri. 1/23-25/2019: \$35 Includes lunch and lift tickets
- Race: Sat. 1/26/2019: \$ 45 includes lift ticket, goody bag, lunch, & awards ceremony

Credit card # _____ Exp _____

CVC code: _____ Zip Code of credit card bill: _____

Name on card: _____ Signature _____

Mail form & signed waiver with payment to:
Adaptive Sports Foundation, PO Box 266, Windham, NY, 12496
or fax to 518-734-6740 or email to pam@adaptivesportsfoundation.org
NOTE: WE WILL NEED AN ORIGINAL OF THE WAIVER-
IF YOU FAX IT, PLEASE BRING THE ORIGINAL WITH YOU

Golden Cup/Mills Cup - Level I Race

The Adaptive Sports Foundation at Windham Mountain

January 26, 2019

Race Information

The Adaptive Sports Foundation Race Team invites all disabled skiers and riders to participate in a race clinic and Level I race at Windham Mountain, NY. Level I racing allows any athlete with a disability interested in racing to become familiar with the sport in a fun environment. ASF will host an award ceremony for all participants at the conclusion of the race (approx. 1:30 pm.)

Helmets are required for all racers.

Schedule:

Saturday, January 26

8:00 am – 9:00 am: Race registration - Adaptive Sports Center (please see directions)

9:00 am – 9:45 am: Course inspection (Lower Wheelchair)

10:00 am: GS Race start (Lower Wheelchair) - 2 runs (2nd run immediately following first)

Barbeque lunch immediately following the race at Adaptive Sports Center

Awards ceremony follows lunch

Parking

Handicapped parking is available in the upper two levels of the ASF Sports Center parking lot. There is a drop-off in front of the building. Please leave the upper level handicapped spots for wheelchair users and the second tier spots for other physically disabled athletes. We suggest that you plan to arrive before 8AM for the best parking spot. If those parking areas are full, you must park in the ski area lot and take a shuttle bus to the ASF Center.

Lodging

There are many hotels, B&B's and condos available in the area. You'll find the Windham Chamber of Commerce at www.windhamchamber.org or 1-877-2WINDHAM. For condos and townhouses, call 1-800-754-9463. The Winwood Inn may be reached by calling (518) 734-3000. You will find accessible rooms at both the Hotel Vienna (518) 734-5400 and the Thompson House (518) 734-4510. Cave Mountain Motel is a more moderately priced hotel (518)-734-3161.

Directions

You can find directions to our facility by going to our website, www.adaptivesportsfoundation.org/directions-location/. If you are using a GPS, our actual street address is 100 Silverman Way, Windham, NY 12496. Check in advance to see if it shows up on your GPS (sometimes it doesn't).

Food

Lunch is included in the entry fee for the racers. Coaches and family members may buy lunch from ASF (it is a moderately priced lunch service in our building) or bring their own. We have coffee and hot chocolate in the building. We do not have breakfast at ASF.

IF YOU NEED MORE INFORMATION: Call or email Pam Greene 518-734-5070 or Pam@adaptivesportsfoundation.org