



## EXECUTIVE DIRECTOR



Dear Friends:

Balance. In the world of ski and snowboard teaching, balance is the most important skill in our sport. Being well balanced on skis or a board allows you the ability to be a successful skier or rider. More importantly, if you are not in balance, you can't move efficiently and will tire very easily. The word balance is also used in many other contexts; as in finding a healthy balance, eating a balanced diet, or finding a balance between work, home, and health. No matter how the word is used, if you are not in balance, things can go south in a heartbeat.

As the working mother of an active two-year-old, balance has taken on a new meaning for me. My days are spent juggling the demands of my husband and child, maintaining a household, and guiding the Adaptive Sports Foundation. The balancing act at work involves managing staff members, keeping the Adaptive Sports Center's programs running smoothly, and most importantly, developing the fundraising efforts that allow us to serve our very special population. I find it has become more important than ever to successfully maintain physical, mental, and emotional equilibrium. Advice from many sectors maintains that if we apply equal effort to each of these arenas we will be less stressed, healthier and happier. As a type A personality, achieving emotional, physical and spiritual balance is an ongoing challenge for me, but one I embrace.

*Our balanced, holistic approach allows and encourages students to be physically active, relax their minds, and raise their spirits.*

We at the Adaptive Sports Foundation also strive to provide experiences that focus on helping our students with disabilities find balance between their mind, body, and spirit. We believe the ability to ski or paddle or ride a bike is secondary to the security and support they find here at the Adaptive Sports Foundation. We make sure our students paddle to the most beautiful part of the lake, explore the shoreline and pick blueberries, take in the view from the top of the mountain, stop for a hot chocolate on the Wheelhouse deck on a blue bird sky day, and celebrate the sense of accomplishment when a particular goal is met. Our balanced, holistic approach allows and encourages students to be physically active, relax their minds, and raise their spirits.

Memorable physical, mental, and emotional moments are what make up the meaningful experiences we have when we participate in the activities we love. However, for someone with a disability, access to the activities that lead to these experiences is often limited or nonexistent. Opportunities abound at the ASF to get outdoors, connect with nature, set and achieve goals, and socialize with friends; we encourage students to engage their physical bodies, calm their minds, and lift their spirits. Please join us in providing these experiences for individuals with disabilities. Your continued support is valued and appreciated.

Sincerely,

Cherisse Young, Executive Director

## ASF STAFF AND VOLUNTEERS CELEBRATE STRENGTH

Safety and service  
Teamwork  
Respect  
Empowerment  
Nurturing  
Growth  
Trust  
Health and Happiness



## SUCCESS STORIES



"In the on-going adventure and search to bring health and enrichment to our daughter we have been fortunate to come across an impressive array of professionals and organizations whose mission is to serve children like Ashley. It is with great appreciation and wonder that I tell you that few, if any, match the overall professionalism, compassion and impact of what you do at the Adaptive Sports Foundation.

My wife, Kiele, and I cannot thank you enough for providing Ashley with such a special opportunity."

Sincerely,  
Bill Wolf – New York City



"I had a fabulous day skiing with my ASF instructor Ron. As my wife Beverly and I were driving away from the Adaptive Sports Center it occurred to me that this day marked a small but significant anniversary for me.

While skiing, I had mentioned to Ron that the previous Wednesday was the 4th anniversary of my heart operation and stroke. The day I went skiing with the ASF was actually the fourth anniversary of the day that I awoke from my 5-day coma that followed.

Printed words on the page really can't do justice to the feeling of gratitude that I have for your work and for the Windham Adaptive Sports Foundation program. We recently made a donation but I just needed to write a thank you as well.

I had been a reasonably good skier prior to my stroke. Yesterday, Ron helped me build on everything that I've learned from the handful of visits that we have made to ASF.

We managed to ski as challenging a day as I ever have. Weather was perfect and the snow conditions included everything from perfect to seriously challenging. Ron's good nature, skill, and obvious training helped me feel completely safe.

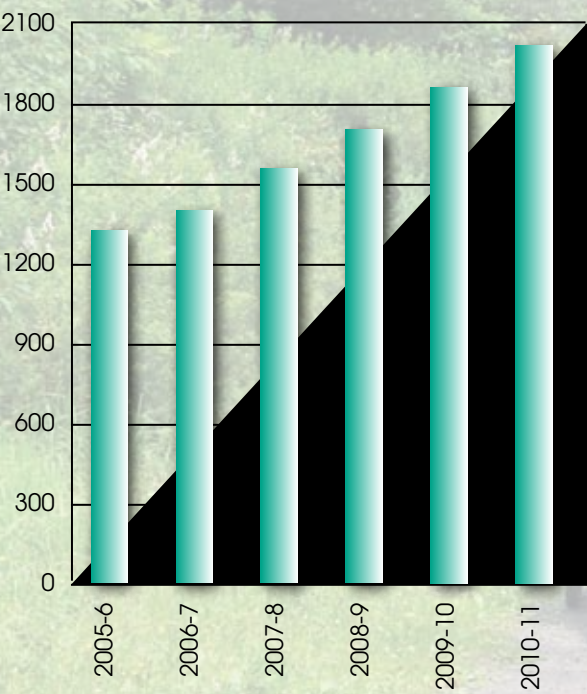
We encountered some random and difficult conditions, but a positive end to our day was never in doubt. After a crazy challenge on Upper Whistler and a wonderful run down Lower Wise Acres I told Ron that he had managed to "put Humpty Dumpty back together." It's a remarkable feat!

Thank you to Ron and my other instructors, and to everyone who makes the Adaptive Sports Foundation work."

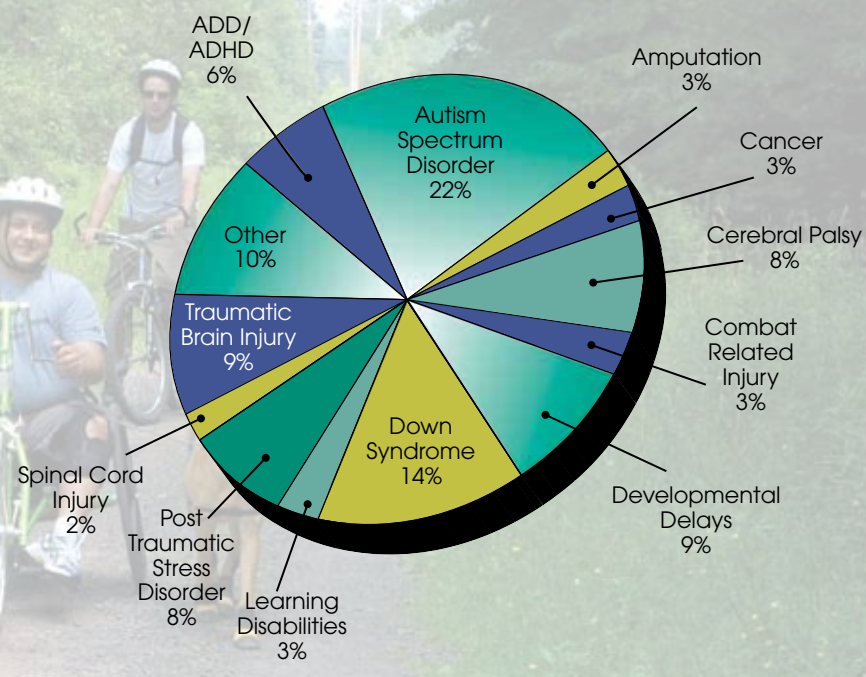
Sincerely,  
Tim Corlis – New Brunswick, NJ

## PROGRAM STATISTICS

### HISTORY OF STUDENT VISITS

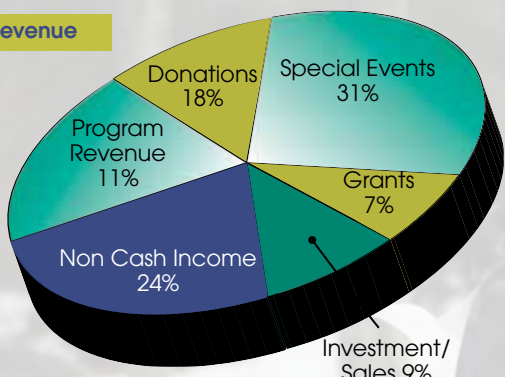


### DISABILITIES SERVED

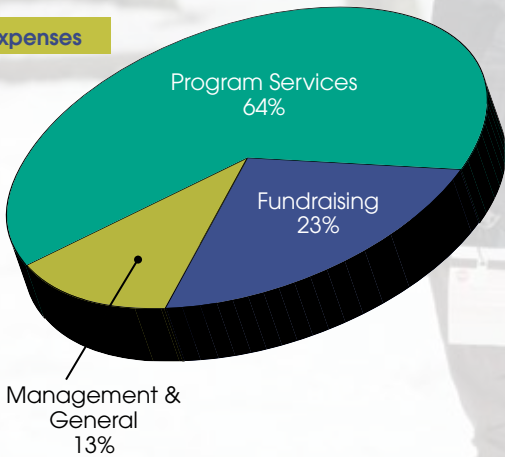


## DONATIONS AND FINANCIAL ANALYSIS

### Revenue



### Expenses



### Revenues, gains, and other support

Program revenue	\$125,311
Fundraising revenue	
Contributions received for support	\$196,690
In-kind contributions	\$263,771
Grant revenue	\$76,503
Special events	\$335,216
Fundraising revenue	\$872,180
Net income on sales	\$2,570
Lease income	\$10,000
Developer income	\$20,869
Dividend income	\$25,485
Interest income	\$28,671
Net realized and unrealized gain (loss) on investments	\$49,991
Other income	\$5,056
<b>Total unrestricted revenues, gains, and other support</b>	<b>\$1,140,133</b>

### Net assets released from restrictions

Satisfaction of Sarubbi Fund restrictions	\$78,590
Satisfaction of Mannella Fund restrictions	\$6,426
Satisfaction of Weiss Foundation restrictions	\$805
<b>Total net assets released from restrictions</b>	<b>\$85,821</b>

### Total unrestricted revenues, gains, and other support, and net assets released from restrictions

\$1,225,954

### Expenses

Support services	
Management and general	\$192,060
Fundraising	\$345,893
Support services	\$537,953
Program services	\$954,364
<b>Total expenses</b>	<b>\$1,492,317</b>

Increase (decrease) in unrestricted net assets	(\$266,363)
Increase (decrease) in temporarily restricted net assets	(\$6,478)
Increase (decrease) in permanently restricted net assets	\$63,029
<b>Increase (decrease) in total net assets</b>	<b>(\$209,812)</b>

<b>Total Net Assets at Beginning of Year</b>	<b>\$4,371,835</b>
<b>Total Net Assets at End of Year</b>	<b>\$4,162,023</b>

ADAPTIVE SPORTS FOUNDATION 2009-2010 (FY JULY 1 - JUNE 30, 2010)  
INCOME/EXPENSE REPORT (TAKEN FROM THE ASF'S 2009-2010 ADDIT)

## CORPORATE AND FOUNDATION SPONSORS



### Thank you to:

Hudson Valley Bank  
New Jersey Ski Council  
Paul R. Carey Foundation  
The Howard and Barbara Farkas Foundation

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## STAFF

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