



Join us for the Eric D. Dettenrieder Race Camp and the

Diana Golden / Mills Cup Level I Race

February 22-25, 2017 Windham Mountain Resort, New York

The Adaptive Sports Foundation race coaches will lead the Eric D. Dettenrieder Race Camp February 22-24, 2017. The Eric D. Dettenrieder Race Camp offers both new and experienced racers excellent coaching on technique and tactics. Any person with a physical or cognitive disability may participate. The Eric D. Dettenrieder Race Camp will be followed by a Diana Golden Level 1 race on Saturday, February 25, 2017. The Diana Golden Cup Series memorializes US and World Champion skier Diana Golden and is intended to promote the sport of ski racing to athletes with disabilities on the East Coast.

The Eric D. Dettenrieder Race Camp includes coaching on ski and snowboard technique through fundamental drills, tactics of racing in a course, and video analysis of the training sessions. After each day of training on snow, there are indoor sessions on tactics and line, and conditioning. The training takes place mostly on intermediate and easier expert terrain, so participants must feel comfortable on that terrain.

Saturday's race is open to skiers and snowboarders and takes place on Lower Wheelchair, home of the Windham NASTAR course. To make the race competitive between people with varying disabilities, times are factored or multiplied by a number based on your disability classification. Racers with

cognitive disabilities are invited to participate in the Mills Cup division of the race. Gold, silver and bronze medals are awarded in all categories.

