



"I am honored to say thank you for your generosity you displayed to my son. Your love was felt throughout the entire weekend. You empowered my son in many ways. You enabled him to soar high no matter what disabilities may afflict his body."



Windham, New York (518) 734-5070 / info@adaptivesportsfoundation.org www.adaptivesportsfoundation.org



Mission

The Adaptive Sports Foundation (ASF) is a non-profit organization that provides profound and life changing experiences for children and adults with physical and cognitive disabilities and chronic illnesses through outdoor physical activity, education, support and community.

Programs

Winter recreation programs are offered on an individual and group basis from December through March and feature alpine skiing and snowboarding. ASF has a very active competition program, preparing athletes for Paralympic and Special Olympic competition. Our summer military programs teach veterans golf, recreational and competitive canoeing and kayaking, cycling, stand up paddle boarding and personal fitness.

For more information on specific lessons, programs, pricing and reservation procedures please visit www. adaptivesportsfoundation.org or call 518-734-5070.

ASF is able to keep lesson costs low thanks to generous support from individuals, family and private foundations, and from several fundraising events. Additionally, our volunteer instructors donate over 30,000 hours of their time to teach our students.

For more information on how to volunteer please email volunteer@adaptivesportsfoundation.org.

DONATE NOW!

To support the Adaptive Sports Foundation, please visit www.adaptivesportsfoundation.org.





