

If you want to lift yourself up, lift up someone else.
- Booker T. Washington

Volunteer

to change someone's life

Join us March 3 & 4, 2012 to learn more about our program and what it takes to be an ASF volunteer.





Interested in being an adaptive ski or snowboard instructor?

The Adaptive Sports Foundation will be holding a spring hiring clinic for interested individuals on March 3 & 4, 2012. During these two days, you will learn about the ASF, one of the largest programs of its kind in the east. Informational sessions will cover the different types of students we teach, what happens in a typical day of volunteering, what our requirements are and the benefits you get from volunteering. During on-snow sessions, we will introduce you to the basics of teaching, and assess and coach your personal skiing and riding skills. At the end of the weekend, you could be invited to join our wonderful crew of over 200 volunteers for the 2012-2013 season!

PLEASE USE THE FOLLOWING FORM TO SIGN UP IN ADVANCE.

What are the requirements?

You must be a solid intermediate skier or snowboarder (we define this as the ability to ski/ride Windham's Whistler trail in control and to show appropriate intermediate skills). You must be at least 16-years-old by December 31, 2012. All new volunteers must attend a minimum of six days of training next year. The volunteer time commitment for teaching next season has not been determined yet, but will likely be in the 10-14 day range (plus training).

For more information about the Adaptive Sports Foundation, please visit our website: www.adaptivesportsfoundation.org and follow us on facebook. Questions? Contact ASF Program Director Pam Greene: **518.734.5070** or pgreene@mhccable.com



Spring 2012 New Hire Instructor Clinic Sign Up March 3 & 4, 2012

First Name _____ Email _____
Last Name _____ Home Phone _____
Street/PO Box _____ Work Contact _____
City _____ Cell Phone _____
State _____
Zip Code _____

(Only fill in phone numbers and emails that we may use to contact you)

Check appropriate box below:

☐ I am a skier ☐ I am a snowboarder

If hired, I plan on volunteering ☐ 14 or more days ☐ 10-13 days ☐ 8-10 days

I am available to volunteer mostly ☐ on weekends ☐ on weekdays

Please let us know something about yourself - why you would like to volunteer with us and what skills you have that would make you a good instructor for people with disabilities.

Please fax or email this to the Adaptive Sports Foundation at the address below before February 25th. Please read the enclosed letter for more information about the clinic.,

Thank you and we look forward to seeing you on snow.

PO Box 266 • 100 Silverman Way • Windham, NY 12496
Phone: 518.734.5070 • Fax: 518.734.6740 • asfwindham@mhccable.com
www.adaptivesportsfoundation.org



Dear Prospective Instructor:

Thank you for signing up for our hiring clinic. We are enthusiastic about finding new volunteers. Below is a list of information about the hiring clinic to help you better understand what the two days will include. If you have further questions, please feel free to contact me at pgreene@mhccable.com or 518.734.5070.

Important things to know about the hiring clinic:

- ☐ You must be a solid intermediate skier or snowboarder. You must be able to ski or ride Whistler (Windham's main blue trail) in control and comfortably.
- ☐ You must have your own equipment.
- ☐ Teaching adaptive skiing or riding is very physical; be prepared to be physically active.
- ☐ We will provide lift tickets.
- ☐ Registration will begin at 8:30 am. On Saturday, plan on being here until about 4:00 and on Sunday until about 3:00.
- ☐ Most of the clinic will be on snow, but there will be some indoor sessions.
- ☐ The skiing clinics will cover the American Teaching System of ski instruction, teaching students with developmentally delays and personal skiing improvement.
- ☐ The snowboarding clinics will include the American Association of Snowboard Instructor's (AASI) teaching progression, boarding with adaptive equipment, and personal riding improvement.
- ☐ We don't expect you to know how to teach yet, but we do expect you to be an active participant in the clinics. You will be asked to speak in front of the groups and teach us some of the things that you have learned in the clinic. We also expect you to be an involved and open learner.
- ☐ Each session will begin and end at the Gwen Allard Adaptive Sports Center where lunch is available for purchase or you can bring your own. Please know that you may not have time to get to the base lodge and back in your lunch break time. We do have a snack and beverage machine here.
- ☐ We will make decisions on who will be hired at the end of the second day.
- ☐ Since you will be working with children, we will be doing a background (criminal and sex offender) check on all of our new instructors.

The hiring clinic is a great learning opportunity and a chance to meet some other great people. We look forward to seeing you soon!

Pam Greene
Program Director

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