Decision Making Flowchart for visiting the
Adaptive Sports Foundation for participants, volunteers and staff

Should I go to ASF Today?

In the past 10 days, have you been tested for the virus that causes COVID-19, also known as SARS-CoV-2?

- **YES**
  - Was the test result positive OR are you still waiting for the result?
  - **YES**
    - You cannot come to ASF today
    - You should stay in isolation (at home and away from others) until the test results are back and are negative OR if positive, the local health department has released you from isolation.
  - **NO**
    - You cannot come to ASF today
    - You should stay in isolation (at home and away from others) until the test results are back and are negative OR if positive, the local health department has released you from isolation.

In the last 14 days, have you:
- Traveled internationally to a CDC level 2 or 3 COVID-19 related travel health notice country; or
- Traveled to a state or territory on the NYS Travel Advisory List; or
- Been designated a contact of a person who tested positive for COVID-19 by a local health department?

- **NO**
  - You cannot come to ASF today
  - You should stay at home until your local health department releases you from quarantine, at least 14 days.
  - A negative diagnostic COVID-19 test does not change the 14-day quarantine requirement.
- **YES**
  - You cannot come to ASF today
  - You should stay at home until your local health department releases you from quarantine, at least 14 days.
  - A negative diagnostic COVID-19 test does not change the 14-day quarantine requirement.

Do you currently have (or have had in the last 10 days) one or more of these new or worsening symptoms?
- A temperature greater than or equal to 100.0° F (37.8° C)
- Feel feverish or have chills
  - Cough
  - Loss of taste or smell
- Fatigue/feeling of tiredness
  - Sore throat
- Shortness of breath or trouble breathing
  - Nausea, vomiting, diarrhea
  - Muscle pain or body aches
  - Headaches
  - Nasal congestion/runny nose

- **NO**
  - You **CANNOT** come to ASF today.
  - You should be assessed by a HCP.
- **YES**
  - You **CAN** come to ASF today!

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**Adaptive Sports Foundation**