

Ski and Snowboard Essential Eligibility (2020-2021)

To be eligible to participate in Adaptive Sports Foundation programming, an individual MUST:

- Have a documented disabling condition.
- Have previously participated in Adaptive Sports Foundation (ASF) winter sports program in the sport they are requesting a lesson in since December 1, 2014.
- Be able to actively participate in a lesson and understand that they are engaging in the specific sport lesson clinic with ASF.
- Have a parent/guardian/caregiver who can provide supervision during non-lesson times, if necessary.
- Have a parent/guardian/caregiver who can provide supervision or assistance, if needed, to perform personal care during scheduled lesson times, including to administer all necessary medications that are scheduled to be taken during lesson times or need to be administered in the event of a seizure and/or any other medical condition that requires immediate administration of medication.
- Be able to breathe independently, without any assistance from medical devices and/or trained professionals.
- Be able to participate in the lesson without the use of an oxygen tank.
- Be able to follow directions independently or with the assistance of a caregiver.
- Must be able to assist themselves in getting up from the snow or the ability to learn how to when using self-arresting equipment independently.
- Be able to wear properly fitting, industry standard, safety equipment.
- Weight does not exceed 200 lbs. if utilizing sit-down equipment on non-surface lifts.
- If weight exceeds 200 lbs., the participant understands and accepts that they will be restricted to surface lifts for the safety of yourself and the ASF instructors.
- Properly fit into equipment.
- Personal equipment must be in good working order and approved by an ASF staff member. All personal equipment utilized in an ASF lesson is subject to organizational policies.

- Be able to provide and wear a properly fitting approved face mask, and any other required PPE, per the state of NY and CDC guidelines when inside the ASF building and during the duration of the lesson. Please review recommendations [HERE](#). Fleece neck gators, cloth nec.
- Skies, or bandanas will NOT be accepted as a face covering. A fleece neck gator or cloth neck can be used for warmth over a face mask.
- Be willing and able to complete a Daily Wellness Questionnaire and temperature check upon arrival for scheduled lesson.
- Be willing and able to abide by all safety precautions including social distancing requirements and regular sanitation habits.
- Be symptom-free of Corona/COVID-19 for a minimum of two weeks prior to participation in ASF programming.
- Agree to notify Adaptive Sports Foundation staff to arriving at ASF if feeling any symptoms of, or have been exposed to COVID-19 and unable to attend their scheduled lesson time.
- If participating from out of the state of NY, the participant meets all the necessary requirements for travel to and the participation in an ASF lesson. Please review the State of NY guidelines [HERE](#).
- Understands that to take part in an ASF lesson is at their own risk due to the potential of an increased exposure to COVID-19.
- Agrees to discuss their participation in winter sports lessons at ASF with their primary care physician and receives recommendation to participate.

Based on the unique nature of each participant, the Adaptive Sports Foundation and its host sites may adopt appropriate policies and procedures in order to allow participation.

The nature of the environment that our programs are held in is remote. Individuals and families must be comfortable with being out of direct contact with medical personnel while engaging in lessons.

Any recommendations for equipment needs or wants will be considered based on the participant's disability and safety. In the interest of safety, Adaptive Sports Foundation staff reserves the right to make the decision on the appropriate equipment for each participant.