



*A place where all abilities shine*



**Mission**

The Adaptive Sports Foundation (ASF) is a non-profit organization that provides profound and life changing experiences for children and adults with physical and cognitive disabilities and chronic illnesses through outdoor physical activity, education, support and community.

**Gwen Allard Adaptive Sports Center**

Opened in 2005, the Adaptive Sports Center, located slope side at Windham Mountain Resort is a model facility for serving individuals with disabilities through adaptive sports programs. Named after the organization's founder, Gwen Allard, the 8,000 square foot building allows 250 plus volunteers and staff to provide sport and recreation opportunities for people with disabilities. All participant services are available on one floor, including a well equipped rental shop. The beautiful and comfortable great room provides a cozy place for families, students, and instructors to gather during the day.

**Board Chairman**

Robert W. Stubbs

**Executive Director**

Todd Munn, CTRS

[www.adaptivesportsfoundation.org](http://www.adaptivesportsfoundation.org)

**History**

Founded in 1984, the ASF is currently considered one of the top adaptive sports programs in the country and offers winter and summer sports to children and adults. Through participation in ASF programs, individuals develop an increased sense of personal accomplishment by becoming involved in activities that have previously been inaccessible to them. ASF's supportive and therapeutic environment has given thousands of children and adults with disabilities the opportunity to have fun and be free of their daily challenges and difficulties. Participants in ASF's programs are primarily from the New York tri-state area (New York, New Jersey, Connecticut), while others come to us from other areas of the U.S. During the 2012-2013 season, the organization's 263 volunteers provided over 3,600 lessons and 28,000 hours of education to ASF students.

**Support for the ASF**

The ASF is able to provide affordable lessons, education, and support to individuals with disabilities each year, thanks to the generosity of many concerned and caring individuals. In order to continue to grow and serve our population, we need your help now more than ever. Each student visit costs the ASF \$350. Participants are charged only a small fraction of that total. Over 80% of our annual operating budget is raised through private donations, fundraising events, foundation grants, and corporate sponsorships. 85% of the amount raised benefits our students directly.



# Adaptive Sport Foundation Programs



The Adaptive Sports Foundation's work promotes physical activity for children and adults with disabilities by offering winter and summer activities such as skiing, snowboarding, paddling, golf, cycling, waterskiing, yoga, and personal fitness. In addition to regular programming, the ASF offers specialty programs that focus on wounded warriors and competition level training.

## ASF Competition Programs

ASF competition programs include a part-time weekend racing program (20 plus athletes with both physical and cognitive disabilities) and a full-time midweek racing program for Paralympic eligible athletes. The goal of these programs is to provide student-centered race training opportunities for individuals ranging from part-time athletes whose aspirations may be recreational in nature, to full time athletes whose aspirations are more competitive, and may include making the U.S. Paralympics Alpine National Team.



## Warriors in Motion

The Adaptive Sports Foundation's Warriors in Motion program provides wounded warriors with a basic knowledge of wellness and the importance of practicing lifelong healthful living. Warriors engage in sports, outdoor activity, and recreation. In addition, warriors are encouraged to investigate how the physical self is tied to the emotional/psychological self, as well as how state-of-mind can affect the physical body. The Adaptive Sports Foundation is proud to have been selected by Wounded Warrior Project® as a national program provider for wounded U.S. servicemen and women.

