



## Why Volunteer with Adaptive Sports Foundation?

- Does skiing or snowboarding make you smile?
- Do you want to share your love for snow with others?

Volunteering at ASF will allow you to become part of a special community that shares their passion for snowsports with people with cognitive and physical disabilities.

You can help bring the freedom and joy of skiing or snowboarding to our students. Through their participation in sports, these individuals develop an increased sense of personal accomplishment and the ability to participate in new activities that were previously inaccessible to them.

It takes hundreds of volunteers in a variety of different positions to make the ASF run effectively. There is a job and a commitment level that fits your interests and availability.

## Contact us to become a winter volunteer!

Call:  
518.734.5070

Email:  
[volunteer@adaptivesportsfoundation.org](mailto:volunteer@adaptivesportsfoundation.org)

Visit:  
[www.adaptivesportsfoundation.org](http://www.adaptivesportsfoundation.org)



VOLUNTEER 2013-2014

"The best way to find yourself, is to lose yourself in the service of others."

- Ghandi

[www.adaptivesportsfoundation.org](http://www.adaptivesportsfoundation.org)



# Join us...

The ASF maintains a staff of over 250 volunteer instructors who volunteer over 27,000 hours of their time to work with students with disabilities.

## Instructors

We need more instructors all the time, especially for our mid-week programs. We can only take a limited number of additional weekend instructors.

## But I don't know how to teach...

If you are a solid intermediate skier or snowboarder and are at least 16 years old prior to Dec. 31, we can teach you the rest. Our excellent training staff will take you through your 4 day hiring clinic that will give you the basics of teaching a snowsport and an introduction to adaptive teaching. Then, if we feel you are a good match for our students you will attend another 4 days of training throughout the season, while assisting our more experienced instructors during lessons.

"The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others"

*-DeAnn Hollis*

## Indoor Volunteers

**Playroom:** Our playroom is open on weekends and during holiday weeks. Volunteers are responsible for opening the playroom, checking in children, babysitting (ages 6m – 5yr) and keeping the room neat and organized. Hours: 9:00 – 3:30. Must be 14 years old by Dec. 31.

**Equipment Room:** Volunteers are responsible for setting up and maintaining students' equipment and keeping the equipment room organized and clean. Hours: 9:00 – 3:30.

## Volunteer Benefits:

All volunteers receive a uniform (Jacket for Outdoor, Fleece Vest for Indoor) and discounts at Windham Mtn Cafeteria and Gift Shop.

**Type 1** (20 or more days including training days)

Season's Pass, Seasonal Locker, 8 passes for 50% off tubing.

**Type 2** (12-19 days including training days)

Lift ticket for use on day of work, 8 additional lift tickets to be used on "non-working" days, 8 passes for 50% off tubing.